

Resultat – RockTheTrail 2016

2016-04-10

Dam	(5 / 8)	Tid	Efter
1. Malin Hjalmarsson	SAFAT	2:04:21	
31:42 (31:42)	0:48 (32:30)	35:12 (1:07:42)	0:27 (1:08:09)
4:31 (1:26:40)	1:21 (1:28:01)	36:20 (2:04:21)	– (2:04:21)
13:27 (1:21:36)			0:33 (1:22:09)
2. Kristina Westfeldt	Klubblös	2:14:50 +10:29	
37:17 (37:17)	0:33 (37:50)	36:35 (1:14:25)	0:07 (1:14:32)
4:52 (1:34:16)	0:59 (1:35:15)	39:35 (2:14:50)	– (2:14:50)
14:10 (1:28:42)			0:42 (1:29:24)
3. Åsa Wallinder	CITY WOLFS	2:16:35 +12:14	
35:37 (35:37)	1:13 (36:50)	37:40 (1:14:30)	0:50 (1:15:20)
5:01 (1:36:22)	1:40 (1:38:02)	38:33 (2:16:35)	– (2:16:35)
15:11 (1:30:31)			0:50 (1:31:21)
4. Marie-Louise Eriksson	Team motvind MTB	3:25:01 +80:40	
50:38 (50:38)	1:58 (52:36)	1:00:13 (1:52:49)	1:23 (1:54:12)
7:25 (2:24:54)	2:07 (2:27:01)	58:00 (3:25:01)	– (3:25:01)
21:56 (2:16:08)			1:21 (2:17:29)
5. Frida Nordwall	Tuck n' Roll	3:35:20 +90:59	
50:30 (50:30)	4:46 (55:16)	59:16 (1:54:32)	1:56 (1:56:28)
8:08 (2:27:34)	3:55 (2:31:29)	1:03:51 (3:35:20)	– (3:35:20)
21:36 (2:18:04)			1:22 (2:19:26)

Motion	(11 / 13)	Tid	Efter
1. Team Edlund		2:05:02	
38:11 (38:11)	0:27 (38:38)	32:29 (1:11:07)	0:06 (1:11:13)
4:56 (1:32:57)	0:56 (1:33:53)	31:09 (2:05:02)	– (2:05:02)
16:07 (1:27:20)			0:41 (1:28:01)
2. J o J	Ingen	2:17:30 +12:28	
– (–)	– (–)	– (–)	– (–)
– (1:34:22)	– (–)	– (2:17:30)	– (–)
3. Nordin & Nordin	Ingen	2:19:57 +14:55	
37:46 (37:46)	1:38 (39:24)	41:24 (1:20:48)	2:07 (1:22:55)
4:49 (1:43:41)	2:19 (1:46:00)	33:57 (2:19:57)	– (2:19:57)
15:25 (1:38:20)			0:32 (1:38:52)
4. Nordin & Nilsson		2:22:16 +17:14	
37:48 (37:48)	1:43 (39:31)	41:32 (1:21:03)	1:44 (1:22:47)
5:01 (1:43:47)	2:09 (1:45:56)	36:20 (2:22:16)	– (2:22:16)
15:29 (1:38:16)			0:30 (1:38:46)
5. Team Form Multisport		2:23:49 +18:47	
36:34 (36:34)	1:32 (38:06)	43:35 (1:21:41)	1:27 (1:23:08)
5:29 (1:45:00)	2:01 (1:47:01)	36:48 (2:23:49)	– (2:23:49)
15:26 (1:38:34)			0:57 (1:39:31)
6. Team Åkerlund		2:35:38 +30:36	
39:07 (39:07)	2:23 (41:30)	53:14 (1:34:44)	1:43 (1:36:27)
5:14 (1:58:44)	1:59 (2:00:43)	34:55 (2:35:38)	– (2:35:38)
16:03 (1:52:30)			1:00 (1:53:30)
7. Team L.E.K	Ingen	2:41:04 +36:02	
40:05 (40:05)	1:34 (41:39)	44:42 (1:26:21)	0:59 (1:27:20)
5:27 (1:50:53)	1:39 (1:52:32)	48:32 (2:41:04)	– (2:41:04)
17:03 (1:44:23)			1:03 (1:45:26)
8. Team Brolin		2:41:32 +36:30	
37:31 (37:31)	0:30 (38:01)	51:56 (1:29:57)	0:02 (1:29:59)
4:32 (1:49:59)	1:00 (1:50:59)	50:33 (2:41:32)	– (2:41:32)
14:35 (1:44:34)			0:53 (1:45:27)
9. ULK GEparderna		2:52:38 +47:36	
42:50 (42:50)	0:36 (43:26)	47:23 (1:30:49)	0:02 (1:30:51)
10:11 (2:02:30)	1:04 (2:03:34)	49:04 (2:52:38)	– (2:52:38)
19:45 (1:50:36)			1:43 (1:52:19)
10. Torbjörn Eriksson	Team Motvind MTB	3:05:04 +60:02	
50:20 (50:20)	2:27 (52:47)	49:01 (1:41:48)	3:53 (1:45:41)
7:09 (2:18:59)	2:40 (2:21:39)	43:25 (3:05:04)	– (3:05:04)
25:07 (2:10:48)			1:02 (2:11:50)
11. RunStröm bruttorna	Ingen	3:43:47 +98:45	
42:34 (42:34)	9:31 (52:05)	54:06 (1:46:11)	6:34 (1:52:45)
5:55 (2:18:55)	5:09 (2:24:04)	1:19:43 (3:43:47)	– (3:43:47)
18:35 (2:11:20)			1:40 (2:13:00)

Herr	(12 / 15)	Tid	Efter
1. Johan Arnqvist	Uppsala Multisport	1:51:06	
27:32 (27:32)	0:55 (28:27)	32:30 (1:00:57)	0:37 (1:01:34)
3:38 (1:16:46)	1:26 (1:18:12)	32:54 (1:51:06)	– (1:51:06)
10:56 (1:12:30)			0:38 (1:13:08)
2. Sonny Peterson	Uppsala Multisport	1:59:53 +8:47	
30:27 (30:27)	0:53 (31:20)	32:53 (1:04:13)	0:32 (1:04:45)
4:40 (1:22:46)	1:20 (1:24:06)	35:47 (1:59:53)	– (1:59:53)
12:59 (1:17:44)			0:22 (1:18:06)
3. Oscar Ek	IK Fyris Triathlon	2:04:18 +13:12	
31:06 (31:06)	0:44 (31:50)	36:14 (1:08:04)	0:27 (1:08:31)
4:35 (1:27:20)	1:11 (1:28:31)	35:47 (2:04:18)	– (2:04:18)
13:44 (1:22:15)			0:30 (1:22:45)
4. Salvador RinconAmat	Upsala ck Uppsala Lk	2:05:00 +13:54	
34:15 (34:15)	1:22 (35:37)	31:46 (1:07:23)	0:39 (1:08:02)
5:02 (1:28:16)	1:32 (1:29:48)	35:12 (2:05:00)	– (2:05:00)
14:34 (1:22:36)			0:38 (1:23:14)
5. Thomas Westfeldt	Ingen	2:13:17 +22:11	
35:25 (35:25)	1:29 (36:54)	34:47 (1:11:41)	1:29 (1:13:10)
5:06 (1:34:19)	1:54 (1:36:13)	37:04 (2:13:17)	– (2:13:17)
15:25 (1:28:35)			0:38 (1:29:13)
6. Thomas Wallinder	CITY WOLFS	2:16:32 +25:26	
37:42 (37:42)	1:08 (38:50)	34:07 (1:12:57)	0:39 (1:13:36)
6:06 (1:38:06)	1:26 (1:39:32)	37:00 (2:16:32)	– (2:16:32)
18:01 (1:31:37)			0:23 (1:32:00)
7. Sebastian Karlsson	Tuck n' Roll	2:19:29 +28:23	
35:34 (35:34)	2:01 (37:35)	39:30 (1:17:05)	1:20 (1:18:25)
4:48 (1:38:21)	2:46 (1:41:07)	38:22 (2:19:29)	– (2:19:29)
14:34 (1:32:59)			0:34 (1:33:33)

8. Anders Hjelm	Telia Idrott och Fritid		2:22:13 +31:07		
39:11 (39:11)	1:55 (41:06)	40:25 (1:21:31)	1:41 (1:23:12)	15:24 (1:38:36)	1:02 (1:39:38)
5:53 (1:45:31)	2:15 (1:47:46)	34:27 (2:22:13)	– (2:22:13)		
9. Tommie Egemalm	Björklinge sok		2:23:23 +32:17		
38:40 (38:40)	1:11 (39:51)	41:07 (1:20:58)	0:59 (1:21:57)	16:56 (1:38:53)	0:47 (1:39:40)
5:37 (1:45:17)	1:30 (1:46:47)	36:36 (2:23:23)	– (2:23:23)		
10. Fredrik Johansson	Team motvind MTB		2:34:32 +43:26		
42:41 (42:41)	2:09 (44:50)	38:20 (1:23:10)	1:31 (1:24:41)	19:35 (1:44:16)	0:39 (1:44:55)
5:48 (1:50:43)	2:20 (1:53:03)	41:29 (2:34:32)	– (2:34:32)		
11. Tobias Eriksson	Team motvind MTB		2:56:20 +65:14		
42:44 (42:44)	2:08 (44:52)	44:42 (1:29:34)	1:08 (1:30:42)	20:51 (1:51:33)	0:48 (1:52:21)
7:10 (1:59:31)	3:46 (2:03:17)	53:03 (2:56:20)	– (2:56:20)		
Jörgen Tigerstrand	Torsång		Disk.		
30:16 (30:16)	0:44 (31:00)	31:12 (1:02:12)	0:26 (1:02:38)	13:01 (1:15:39)	0:26 (1:16:05)
4:10 (1:20:15)	1:08 (1:21:23)	27:02 (1:48:25)	– (1:48:25)		